

# WHAT YOU CAN DO FOR THE ENVIRONMENT

## Conserve Water:

- Install low-flow showers and don't let water run while washing dishes or brushing teeth.
- Use a moisture indicator to tell if your lawn needs watering.
- During droughts most lawns go dormant and will re-green after the first rain. If you must water, use a soaker hose or drip irrigation instead of a sprinkler. Remember to mulch around trees and shrubs to help retain water.

## Save Energy:

- Turn off lights, computer, and TV when leaving a room.
- Minimize trips to your refrigerator - especially in the summer. When you need something from the fridge, make it quick. A full freezer is more energy efficient than an empty one.
- Insulate your home and your hot-water heater.

## Protect Your Streams & Waterways:

- Avoid overuse of chemical fertilizers.
- Plant trees, bushes, grass and ground cover on your property to minimize runoff.
- Don't dump oil, trash or chemicals on the ground or down storm drains.
- Maintain your septic system.

## Reduce, Reuse, Recycle:

- REDUCE** waste. Avoid disposable items. Don't buy overpackaged or non-recyclable goods.
- REUSE** what you can. Grocery bags, magazines and plastic containers can be given away or reused. Yard wastes and kitchen scraps can be composted.
- RECYCLE** when appropriate.

## Get Involved:

- Report suspected pollution problems to the appropriate authority.
- Participate in a local restoration or cleanup project.
- Become active in the planning and zoning process in your community.

## Take Care of the Air You Breathe:

- Conserve energy by turning off lights and appliances when you leave a room. Use energy efficient appliances such as refrigerators, air conditioners, heat pumps and furnaces.
- When possible, walk, bike or use public transportation. Don't idle your vehicle's engine. Maintain your vehicles and check tire pressure regularly.
- On bad air days, reduce driving and put off mowing the lawn or painting.

## Beware of Toxics in the Home:

- Use alternatives to heavy-duty toxics for household chores such as vinegar, baking soda, lemon juice, salt and cornstarch. Look for products which are labeled "green."
- Dispose of toxic household waste properly.
- Recycle oil and other automotive fluids.

## Find Out More:



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